

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Palmettos Wellness Program:</b> Blue- Physical, Purple- Spiritual, Red- Social, Orange-Vocational, Green- Intellectual, Yellow- Emotional, Pink- Environmental</p> <p><i>*PLUS* Spontaneously Weekly Pet Therapy Visits from Love on a Leash!</i></p> <p><b>Activities Subject to Change- See Board in Front Lobby for Daily Updates</b></p>	<p><b>Happy Birthday, Anne B! 1</b> <b>10:00 Devotional with Mark McCoy (BL)</b> 11:15 Sit &amp; Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 Hangman Word Game (MPR) 4:00 Happy Hour (BL)</p>	<p><b>9:00 Catholic Communion with St Michaels Followed by Mass on TV (BL)</b> 11:00 Manicures with Alyssa (BL) 1:30 Movie Matinee: The Parent Trap (2hr 9min)(CR) 3:00 Shake Loose a Memory Social Game with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p><b>11:00 Rockin' Fitness with Randi (CR) 3</b> 2:00 Pokeno (MPR) 3:00 Table Topics (BL) 4:00 Happy Hour with Alyssa (BL)</p>	<p>9:00-9:30 Short Story &amp; Discussion Group with Erica (BL) <b>4</b> <b>11:00 Living Zen Class with Mike Smith (CR)</b> 2:00 Bingo (MPR) <b>3:00 Live Music with Jerry Mokar (BL)</b> 4:00 Happy Hour (BL)</p>	<p>11:00 <i>Independent Calm</i> Coloring (BL) <b>5</b> 2:30 <i>Independent Word Games</i> (BL) 3:30 Happy Hour with Alyssa (BL) 6:30 Saturday Night Movie: A League of Their Own (2hr 8min) (CR)</p>
<p><b>10:00 Worship Service with Coastal Bible Church (CR) 6</b> 1:30 Snack Cart with Alyssa Comes to You 2:30 Mountain Climb Simple Dice Game with Alyssa (BL) 3:30 Happy Hour with Alyssa (BL) 6:15 Manicures with Alyssa (BL)</p> <p>Daylight Saving Time Ends</p>	<p><b>11:00 Watercolor Leaf Garland Craft with Erica (BL) 7</b> 2:00 Bingo (MPR) 3:00 Trivia with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p><b>Happy Birthday, Jo M! 8</b> 9:00-9:30 Random Reading &amp; Discussion Group with Erica (BL) 11:00 Sit &amp; Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 Word Games with Randi (MPR) 4:00 Happy Hour (BL)</p>	<p><b>9:00 Catholic Communion with St Michaels Followed by Mass on TV (BL) 9</b> <b>11:00 Devotional with Dana from Caris (CR)</b> 1:30 Movie Matinee: On Golden Pond (1hr 49min) (CR) 3:00 Manicures with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p><b>Happy Birthday, Mary A! 10</b> 11:00 Rockin' Fitness with Randi (CR) <b>1:30 Walmart Outing (Please Sign Up at the Front Desk)</b> 3:15 Assembling Gifts for Veterans with Randi (BL) 4:00 Happy Hour (BL)</p>	<p>11:00 <u>Standing</u> Exercise with Randi (CR) <b>11</b> 2:00 Bingo (MPR) 3:00 Veteran's Gathering- Veterans Only Please (BL) 4:00 Happy Hour (BL)</p> <p>Veterans Day</p>
<p>1:30 Snack Cart with Alyssa Comes to You <b>13</b> <b>2:30 Sing &amp; Share with Coastal Bible Church (CR)</b> 3:30 Happy Hour with Alyssa (BL) 6:15 Trivia w/Alyssa (BL)</p>	<p><b>Happy Birthday, Diana P! 14</b> 11:00 Painted Turkey Craft with Erica (BL) 2:00 Bingo (MPR) 3:00 Word Games with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p>9:00-9:30 Random Reading &amp; Discussion Group with Erica (BL) <b>15</b> 11:00 Sit &amp; Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 Table Topics Social Game (BL) 4:00 Happy Hour (BL)</p>	<p><b>Happy Birthday Dot R! 16</b> 11:00 Manicures with Alyssa (BL) 1:30 Paint Along with Erica: Fall Flowers (MPR) <b>3:30 Catholic Mass with St Michaels (CR)</b> 4:00 Happy Hour (BL)</p>	<p><b>10:00 Bible Study with Billy (CR) 17</b> 11:00 Rockin' Fitness with Randi (CR) 1:30 Scenic Ride Outing- Kings Hwy (Please Sign Up at Front Desk) 2:30 Visiting Memory Care Residents with Randi- Bingo (Meet in BL) 4:00 Happy Hour (BL)</p>	<p>9:00-9:30 Short Story &amp; Discussion Group with Erica (BL) <b>18</b> 2:00 Bingo (MPR) <b>3:00-3:45 Live Piano &amp; Sing Along with Joe (BL)</b> 4:00 Happy Hour (BL)</p>
<p><b>10:00 Worship Service with Christ United (CR) 20</b> 1:30 Snack Cart with Alyssa Comes to You 2:30 Ungame Social Game with Alyssa (BL) 3:30 Happy Hour with Alyssa (BL) 6:15 Manicures with Alyssa (BL)</p>	<p><b>11:00 Pie Garland Craft with Erica (BL) 21</b> 2:00 Bingo (MPR) 3:00 Word Games with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p>9:00-9:30 Random Reading &amp; Discussion Group with Erica (BL) <b>22</b> 11:00 Sit &amp; Be Fit with Randi (CR) 2:00 Bingo (MPR) 3:00 Toss n Talk Social Game (BL) 4:00 Happy Hour (BL)</p>	<p><b>9:00 Catholic Communion with St Michaels Followed by Mass on TV (BL) 23</b> 11:00 Manicures with Alyssa (BL) 1:30 Movie Matinee: Analyze This (1hr 43min)(CR) 3:30 Flickin' Chicken Target Toss Game with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<p>9:00-12:00 Macy's Thanksgiving Day Parade on NBC (BL) <b>24</b> 11:00 Independent Gratitude List A-Z (BL) 12:30 Bills vs. Lions on CBS (BL)</p> <p>Thanksgiving Day (US)</p>	<p>11:00 <u>Standing</u> Exercise with Randi (CR) <b>25</b> 2:00 Bingo (MPR) <b>3:00-3:45 Live Music with Mike Smith (BL)</b> 4:00 Happy Hour (BL)</p>
<p>1:30 Movie: Has Anybody Seen My Gal (1hr 28min)(CR) <b>27</b> 2:00 Visiting Memory Care Residents with Alyssa- Word Games (Meet in BL) 3:30 Happy Hour with Alyssa (BL)</p>	<p><b>Happy Birthday, Charlotte W! 28</b> 11:00 Safety Meeting with Aaron (CR) 1:30-2:00 Food Council Meeting with Josee (MPR) <b>2:15 Bingo (MPR)</b> 3:00 Group Crossword Puzzle with Alyssa (MPR) 4:00 Happy Hour (BL)</p>	<p>9:00-9:30 Random Reading &amp; Discussion Group with Erica (BL) <b>29</b> 11:00 Sit &amp; Be Fit with Randi (CR) 2:00 Bingo (MPR) <b>3:00 Live Music with Chuck Fisher (BL)</b> 4:00 Happy Hour (BL)</p>	<p><b>9:00 Catholic Communion with St Michaels Followed by Mass on TV (BL) 30</b> 11:00 Manicures w/Alyssa (BL) 1:30 Movie Matinee: The Last Time I Saw Paris (1hr 56min) (CR) 3:30 Toss Up- Simple Dice Game with Alyssa (BL) 4:00 Happy Hour (BL)</p>	<h1 style="text-align: center;">November 2022</h1> <p style="text-align: center;">BL- Bistro Lounge, CR- Club Room, MPR- MultiPurpose Room, L- Library, G- Gym</p>	