

ASPEN ARBOR

NHC Place at Cool Springs

Aspen Arbor provides a lovely, comfortable and secure world where residents with moderate memory impairment can live and function at their highest level of mental and physical abilities. Our compassionate, dementia-trained team of dedicated staff members provides ability-centered activities and offers personal, everyday assistance on whatever level each resident needs. Aspen Arbor's serene and predictable lifestyle provides a genuine sense of home and belonging, while encouraging socialization and friendships with other residents, creating a unique sense of community.

Features

- 16 private and 4 semi-private rooms
- Cable TV, phone and wireless service
- Emergency response system
- State-of-the art fire system
- Central indoor gathering area for dining and recreation
- Community kitchen adjacent to the gathering area
- Secure outdoor garden
- Parlor and Library
- Personal laundry service
- Laundry room for residents who wish to use it
- Spa and salon services available

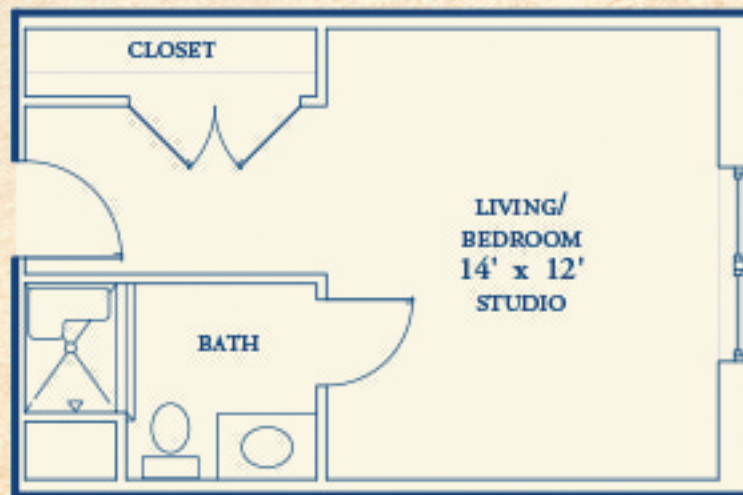
Program Amenities

- On-site individual activities, custom-tailored to each resident
- Group recreational activities
- Special events, festive meals and parties throughout the year
- Weekly church services
- Daily newspapers and current magazines
- Quarterly individual resident evaluations
- Family support group meetings

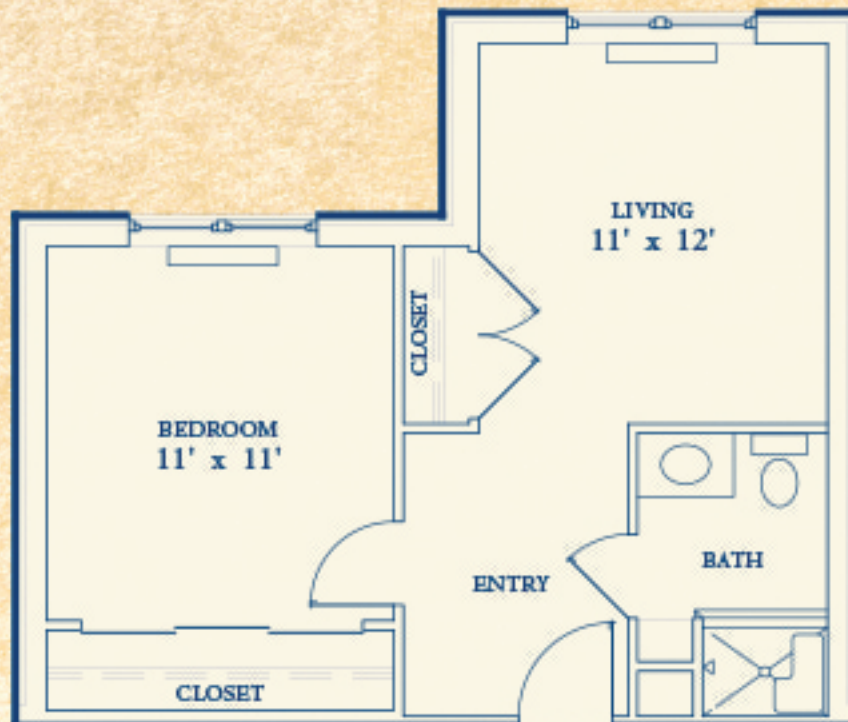
Benefits

- Multi-disciplinary team
 - Wellness Coordinator
 - 24-hour licensed nurses
 - 24-hour resident attendants
 - Medical director
 - Nurse practitioner
 - Degreed social worker
 - Program director
- Dementia-trained staff
- All-inclusive rate includes:
 - Medication management
 - Assistance with bathing, dressing, grooming
 - Incontinence care
 - Housekeeping service and linen change
- On-site Medical Clinic
- On-site Wellness Center for individual exercise
- On-site psychological services
- On-site rehabilitation services





**BELMONT
ONE-BEDROOM
312 SQ. FT.**



**DANDRIDGE
ONE BEDROOM OR COMPANION
451-453 SQ. FT.**



211 Cool Springs Blvd. | Franklin, TN 37067
(615) 778-6800 | Fax (615) 778-6820 | www.nhcplace.com

NHC Place does not discriminate against any person on the basis of race, color, national origin, disability or age in admission, treatment, participation in its programs, services and activities, or in employment.

"Nobody knows the quantity of their life. I don't know how many days you have on Earth, nor does anyone else except God. What I'm most interested in is the quality of a person's life while they are here. That's the business I'm in."

Dr. Carl E. Adams, Founder of NHC