



Activity Calendar 2023



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Activities subject to change to accommodate preferences and interests.

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5

8:45 Daily Chronicle Pass (R)
9:30 Church of Christ Service (4)
10:30 Morning Exercise Group (4)
1:30 Bingo (4)
2:30 Afternoon Exercise (4)
2:45 Our Daily Bread Devotional (4)
3:00 It's Homemade (1/3/R)

6

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:00 Valentine's Day Service Project (4)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)

1:10 Bible in a Year (4)
1:30 Valentine's Choir Practice (4)
2:30 Bingo (1)
3:30 Exercise Group (1)
3:45 Afternoon Devotional (1)
5:00 Independent Word Search (R)

12

8:45 Daily Chronicle Pass (R)
9:30 Church of Christ Service (4)
10:30 Morning Exercise Group (4)
10:45 Valentine's Baking (LEO)
1:30 Bingo (4)
2:30 Afternoon Exercise (4)
2:45 Our Daily Bread Devotional (4)
3:00 It's Homemade (1/3/R)

13

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:00 Humane Society Blanket Project (3)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)

1:10 Bible in a Year (4)
1:30 Valentine's Choir Practice (4)
2:30 Bingo (1)
3:30 Exercise Group (1)
3:45 Afternoon Devotional (1)
5:00 Independent Word Search (R)

1

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:30 Bible Study of the Psalms: Psalm 138-Fulfill His Purpose (S4)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)

2 Groundhog's Day

9:00 Daily Chronicle (R)
9:30 Gather for Worship (R)
9:45 Methodist Church Service (1)
10:45 Exercise Group (1)
1:15 Wellness Ambassadors Meeting (S4)
1:30 Patient Led Bingo(1)
2:00 Glamour Nails (4)
2:00 Movie Matinee: Groundhog's Day (4)
3:30 Exercise Group (4)
3:45 Our Daily Bread (4)
5:00 Independent Sudoku (R)

3 February Birthday Party

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)

1:10 Bible in a Year (1)
1:30 Celebrating February Birthdays (1)
2:45 Bingo (4)
3:30 Exercise Group (4)
3:45 Afternoon Devotional (4)
5:30 Sixty on Down: Friday Feast Club (LEO)

4

9:00 Daily Chronicle Pass (R)
10:00 Morning Exercise Group (4)
10:15 Our Daily Bread Devotional (4)
10:30 Bible in a Year (4)
11:00 Tea & Tunes (4)
1:30 Afternoon Devotional (4)
1:45 Afternoon Exercise Group (4)
2:00 Bingo (4)
3:00 Crafting Club (4)

9 Dickson County Bluegrass

9:00 Daily Chronicle (R)
9:30 Gather for Worship (R)
9:45 Methodist Church Service (1)
10:45 Exercise Group w/ Music (1)
1:15 Bible in a Year (4)
1:30 Bingo (4)
2:30 National Pizza Day Party (4)
3:00 Dickson County Bluegrass Band Concert (4)
5:00 Independent Sudoku (R)

10 Valentine's Day Party



11

9:00 Daily Chronicle Pass (R)
10:00 Morning Exercise Group (4)
10:15 Our Daily Bread Devotional (4)
10:30 Bible in a Year (4)
10:45 Valentine's Baking (LEO)
1:30 Afternoon Devotional (4)
1:45 Afternoon Exercise Group (4)
2:00 Bingo (4)
3:00 Crafting Club (4)

14 Valentine's Choir Concert



15

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:30 Bible Study of the Psalms: Psalm 146-Trust God, Not Man (S4)
10:30 Exercise Group w/ Music (4)
10:45 Our Daily Bread (4)

1:10 Bible in a Year (4)
1:30 Glamour Nails (1)
1:30 Patient Led Bingo (4)
3:30 Exercise Group (1)
3:45 Afternoon Devotional (1)
5:00 Independent Sudoku (R)

16

9:00 Daily Chronicle (R)
9:30 Gather for Worship (R)
9:45 Methodist Church Service (1)
10:45 Exercise Group w/ Music (1)
1:30 Glamour Nails (4)
1:30 Patient Led Bingo (1)
3:30 Exercise Group (4)
3:45 Our Daily Bread (4)
5:00 Independent Word Puzzles (R)

17

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:00 Humane Society Blanket Project (3)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)

1:30 Mobile General Store (1,3,4)
3:30 General Store (4)
5:30 Sixty on Down: Friday Feast Club (LEO)

18

9:00 Daily Chronicle Pass (R)
10:00 Morning Exercise Group (4)
10:15 Our Daily Bread Devotional (4)
10:30 Bible in a Year (4)
11:00 Tea & Tunes (4)
1:30 Afternoon Devotional (4)
1:45 Afternoon Exercise Group (4)
2:00 Bingo (4)
3:00 Crafting Club (4)

20 Patient Council Brunch



21

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (1)
9:30 Catholic Sacrament of Communion (S4)
10:30 Exercise Group w/ Music (1)
10:45 Our Daily Bread (1)

1:10 Bible in a Year (4)
1:30 Free Will Baptist Church Service (4)
2:15 Bingo (4)
3:30 Exercise Group (4)
3:45 Afternoon Devotional (4)
3:30 Woodshop w/ Brandon (S3)
5:00 Independent Art (R)

22

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:30 Bible Study (S4)
10:30 Exercise Group w/ Music (4)
10:45 Our Daily Bread (4)

1:10 Bible in a Year (4)
1:30 Glamour Nails (1)
1:30 Patient Led Bingo (4)
3:30 Exercise Group (1)
3:45 Afternoon Devotional (1)
5:00 Independent Sudoku (R)

23

9:00 Daily Chronicle (R)
9:30 Gather for Worship (R)
9:45 Methodist Church Service (1)
10:45 Exercise Group w/ Music (1)
1:30 Banana Bread Social (4)
1:30 Patient Led Bingo (1)
2:00 Glamour Nails (4)
3:30 Exercise Group (4)
3:45 Our Daily Bread (4)
5:00 Independent Word Puzzles (R)

24 Compassion Fund Fundraiser



25

9:00 Daily Chronicle Pass (R)
10:00 Morning Exercise Group (4)
10:15 Our Daily Bread Devotional (4)
10:30 Bible in a Year (4)
11:00 Tea & Tunes (4)
1:30 Afternoon Devotional (4)
1:45 Afternoon Exercise Group (4)
2:00 Bingo (4)
3:00 Crafting Club (4)

26

8:45 Daily Chronicle Pass (R)
9:30 Church of Christ Service (4)
10:30 Morning Exercise Group (4)
1:30 Bingo (4)
2:30 Afternoon Exercise (4)
2:45 Our Daily Bread Devotional (4)
3:00 It's Homemade (1/3/R)

27

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (3)
9:00 Chocolate Dipped Strawberry Class (LEO)
10:30 Exercise Group w/ Music (3)
10:45 Our Daily Bread (3)
1:10 Bible in a Year (4)

1:30 Strawberry Everything Party w/ Milkshake Bar (4)
2:30 Bingo (1)
3:30 Exercise Group (1)
3:45 Afternoon Devotional (1)
5:00 Independent Word Search (R)

28

9:00 Daily Chronicle Pass (R)
9:00 Namaste Care (1)
9:30 Catholic Sacrament of Communion (S4)
10:30 Exercise Group w/ Music (1)
10:45 Our Daily Bread (1)

1:10 Bible in a Year (4)
1:30 Town Hall/Patient Council (4)
2:30 Bingo (4)
3:30 Woodshop w/ Brandon (S3)
3:45 Exercise Group (4)
4:00 Afternoon Devotional (4)
5:00 Independent Art (R)



Locations Key

1 Side 1 Dining Room
3 Side 3 Dining Room
S3 Side 3 Day Room
4 Side 4 Main Dining Room
S4 Side 4 Small Dining Room
R Mobile Event or Cart Pass
C Courtyard
LEO Life Enrichment Office

Domain Key:

Physical
Intellectual
Social
Emotional/Spiritual
Vocational/Environmental

