

# NHC Desloge

801 Brim Street Desloge, Missouri 63601 (573) 431-0223



**Zach Anderson**  
Administrator

**Tim Francis**  
Director of Nursing

**Bev Hampton**  
Office Manager

**Jodi Knowles**  
Marketing & Admissions Director

**Natalie Mucci**  
Social Services Director

**Ryan Young**  
Health Information Manager

**Thera Barton**  
Wellness Director

**Jeff Lind**  
Food Service Manager

**Scott Forsythe**  
Maintenance Manager

**Brandon Klinsbeck**  
Environmental Services Director

**Tasha Hollock**  
Rehab & Therapy Director

**Janet Addis**  
Transportation Coordinator

## Spinning into the Season

As the holiday season approaches, children gravitate to toy store windows to stare longingly at the wonders on display. Rarely do spinning tops make children's wish lists anymore, yet these toys are some of the oldest known to human civilization. A clay top discovered by archaeologists in Iraq's ancient city of Ur dates back to the 35th century BC—that's nearly 6,000 years ago! A wooden top dated to 1300 BC was found in King Tut's tomb. During the medieval era in Europe, *parish tops* measuring eight inches high and weighing two pounds were kept in town squares for play, exercise, and competition. Cultures all over the world have fashioned tops from whatever materials they have on hand, including fruits, nuts, seeds, and seashells. What makes these toys so fascinating and enduring? It's not just their simplicity, but the way they seem to defy gravity as if by magic.

Every spinning top is an experiment in physics. The toys remain upright thanks to angular momentum. In fact, precision balanced tops spun perfectly upright would spin forever if there were no friction between their points and the surface. However, this hasn't stopped engineers from trying to build a top that could conquer the laws of physics.

Traditional tops are still hand-built using a lathe and a discerning eye. The best of these handmade tops can spin for several minutes and even hours. New technologies now allow precise and perfectly balanced tops to be made on computerized machines using top-of-the-line materials. These tops cost thousands of dollars and may spin for hours. One top called LIMBO recently broke the world record by spinning for 27 hours, 9 minutes, and 24 seconds. How was this feat achieved? Hidden inside the top was a battery, flywheel motor, motion sensor, and a computer chip designed to monitor the top's stability and correct the motion of the spin. While LIMBO is not technically a top but a gyroscope, it is a demonstration of how far engineers will go to perfect this simple toy in an attempt to defy gravity.



*Will you be one of our  
Secret Santas?*



Secret Santa "Adopt-a-Resident" Book will  
be available at the Thanksgiving Feast

Should you wish to adopt one of our  
residents for Christmas, please place your  
name next to the resident you are wishing  
to by a Christmas gift for. Gifts are due by  
**Friday, December 13<sup>th</sup>**

We also accept donations for our *Angel Staff* to  
help select and wrap the perfect gift for any  
resident that was not chosen.

*Thank you for your support each year!*

Christmas Party will be on  
**Thursday, December 19<sup>th</sup>**  
**2:00pm**



## Partner Anniversaries



Danielle Marshall	12/04/18
Amber Lewis	12/08/16
Ryan Young	12/31/13

*We appreciate our hard - working  
partners*

## Partner Birthdays



Luis Ortiz	12/02
Judy Counts	12/04
Barbara Couch	12/11
Margita Davis	12/15
Kendra Lynch	12/23
Tanya Owens	12/23

Kindred Hospice  
*Our Care Matters*  
(573) 705-3475

Preferred HOSPICE

[www.preferredhospice.com](http://www.preferredhospice.com)  
(573) 756-9800



[www.safeharborhospice.com](http://www.safeharborhospice.com)  
877-404-7478

Heart & Soul  
HOSPICE

(573) 756-7066

*We had a great time at our Annual Thanksgiving Feast!*



**NHC Desloge**  
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**Desloge, MO 63601**

Postage  
Information



## Resident Birthdays



Michael Harris 12/3

Nettie Hampton 12/4

Beulah Matthews 12/15

Carl Boyer 12/17

Bernadine Whitworth 12/28

## December Birthdays

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure. Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.

Monica Seles (tennis star) – December 2, 1973  
Walt Disney (animator) – December 5, 1901  
Marie Tussaud (artist) – December 7, 1761  
Sammy Davis Jr. (entertainer) – December 8, 1925  
Bobby Flay (chef) – December 10, 1964  
Frank Sinatra (entertainer) – December 12, 1915  
Beethoven (composer) – December 16, 1770  
Ray Romano (actor) – December 21, 1957  
Clara Barton (nurse) – December 25, 1821  
Tiger Woods (golfer) – December 30, 1975