

For release: August 6, 2020 Contact: Brian F. Kidd, SVP/Controller Phone: (615) 890-2020

NHC Reports Second Quarter 2020 Earnings

MURFREESBORO, Tenn. -- <u>National HealthCare Corporation</u> (NYSE American: NHC), the nation's oldest publicly traded senior health care company, announced today net operating revenues and grant income for the quarter ended June 30, 2020 totaled \$261,642,000 compared to \$247,151,000 for the quarter ended June 30, 2019, an increase of 5.9%. Excluding the grant income recorded during the second quarter of 2020, net operating revenues would have decreased 4.1% compared to the second quarter of 2019.

For the quarter ended June 30, 2020, the reported GAAP net income attributable to NHC was \$28,324,000 compared to \$13,711,000 for the second quarter of 2019. Excluding the unrealized gains and losses in our marketable equity securities portfolio and other non-GAAP adjustments, adjusted net income for the quarter ended June 30, 2020 was \$14,177,000 compared to \$12,895,000 for the second quarter of 2019 ^(*). For the quarter ended June 30, 2020, the reported GAAP diluted earnings per share was \$1.84 and the adjusted diluted earnings per share was \$0.92 ^(*).

(*) - See the tables below that provide a reconciliation of GAAP to non-GAAP items.

About NHC

NHC affiliates operate for themselves and third parties 76 skilled nursing facilities with 9,633 beds. NHC affiliates also operate 24 assisted living communities, five independent living communities, one behavioral health hospital and 35 homecare programs. NHC's other services include Alzheimer's and memory care units, hospice services, pharmacy services, a rehabilitation services company, and providing management and accounting services to third party post-acute operators. Other information about the company can be found on our web site at www.nhccare.com.

Non-GAAP Financial Presentation

The Company is providing certain non-GAAP financial measures as the Company believes that these figures are helpful in allowing investors to more accurately assess the ongoing nature of the Company's operations and measure the Company's performance more consistently across periods. Therefore, the Company believes this information is meaningful in addition to the information contained in the GAAP presentation of financial information. The presentation of this additional non-GAAP financial information is not intended to be considered in isolation or as a substitute for the financial information prepared and presented in accordance with GAAP.

Forward-Looking Statements

Statements in this press release that are not historical facts are forward-looking statements. NHC cautions investors that any forward-looking statements made involve risks and uncertainties and are not guarantees of future performance. The risks and uncertainties are detailed from time to time in reports filed by NHC with the S.E.C., including Forms 8-K, 10-Q and 10-K, and include, among others, the following: liabilities and other claims asserted against us and patient care liabilities, as well as the resolution of current litigation; availability of insurance and assets for indemnification; national and local economic conditions; including their effect on the availability and cost of labor, utilities and materials; the effect of government regulations and changes in regulations governing the healthcare industry, including our compliance with such regulations; changes in Medicare and Medicaid payment levels and methodologies and the application of such methodologies by the government and its fiscal intermediaries; and other factors referenced or incorporated by reference in the S.E.C. filings. The risks included here are not exhaustive. All forward-looking statements represent NHC's best judgment as of the date of this release.

Page 2

Consolidated Statements of Income

(in thousands, except share and per share amounts)

(in thousands, except share and per share amounts)	Three Months Ended June 30					Six Months Ended June 30						
		2020	2019	2020 2019								
	(unaudited)					(unaudited)						
Revenues and grant income: Net patient revenues Other revenues Government stimulus income	\$	225,671 11,323 24,648	\$	235,264 11,887 -	\$	469,766 23,352 24,648	\$	471,375 24,061 -				
Net operating revenues and grant income		261,642		247,151		517,766		495,436				
Costs and expenses:												
Salaries, wages and benefits		156,914		147,878		304,383		289,266				
Other operating		70,861		67,598		142,529		137,030				
Facility rent		10,320		10,197		20,652		20,435				
Depreciation and amortization		10,545		10,335		20,983		20,852				
Interest		453		954		865		1,880				
Total costs and expenses		249,093		236,962		489,412	_	469,463				
Income from operations		12,549		10,189		28,354		25,973				
Non-operating income		5,954		8,272		14,100		14,273				
Unrealized gains/(losses) on marketable equity securities		20,053		(54)		(40,339)		6,784				
Income before income taxes Income tax provision		38,556 (10,034)		18,407 (4,725)		2,115 (409)		47,030 (12,117)				
Net income		28,522		13,682		1,706		34,913				
Net (income)/loss attributable to noncontrolling interest		<u>(198)</u>		29		(234)		67				
Net income attributable to National HealthCare Corporation	\$	28,324	\$	13,711	\$	1,472	\$	34,980				
Net income per common share												
Basic	\$	1.85	\$	0.90	\$	0.10	\$	2.29				
Diluted	\$	1.84	\$	0.89	\$	0.10	\$	2.28				
Weighted average common shares outstanding												
Basic	1	5,307,105	1	5,269,637	15	,300,941	15	5,262,950				
Diluted	15,372,430		15,352,702		15,367,464		15,338,520					
Dividends declared per common share	\$	0.52	\$	0.52	\$	1.04	\$	1.02				
Balance Sheet Data		June 30		Dec. 31								
(in thousands)	2020		2019									
	(u	naudited)										
Cash, cash equivalents and marketable equity securities Restricted cash, cash equivalents and marketable debt securities Current assets Property and equipment, net Total assets	\$	261,585 170,896 390,204 535,964 1 335 238	\$	202,787 158,082 341,053 535,430 1 286 648								

Property and equipment, net Total assets Current liabilities

NHC stockholders' equity

1,335,238

262,142

768,052

1,286,648

194,763

778,593

Page 3 Selected Operating Statistics

	Three Months Ended June 30					Six Months Ended June 30				
	2020		2019		2020			2019		
	(unaud			(unaudi	ted)					
Skilled Nursing Per Diems:										
Medicare	\$	513.22	\$	457.03	\$	509.35	\$	459.30		
Managed Care		401.39		389.81		402.15		392.65		
Medicaid		209.60		196.57		205.28		196.23		
Private Pay and Other		247.48		245.53		249.60		245.65		
Average Skilled Nursing Per Diem	\$	277.85	\$	269.44	\$	278.48	\$	270.91		
Skilled Nursing Patient Days:										
Medicare		90,896	,896 109,140		196,439		221,994			
Managed Care		50,669		62,866		112,225		125,293		
Medicaid		333,196		326,234		677,722		644,520		
Private Pay and Other		161,877		178,453		333,184		353,809		
Total Skilled Nursing Patient Days		636,638		676,693	1,	319,570	1,	345,616		

The tables below provide reconciliations of GAAP to non-GAAP items (in thousands, except per share amounts):

	Three Months Ended June 30				Six Months Ended June 30				
	2020		2019		2020		2019		
	(una				udited)				
Net income attributable to National Healthcare Corporation Non-GAAP adjustments	\$	28,324	\$	13,711	\$	1,472	\$	34,980	
Unrealized (gains)/losses on marketable equity securities		(20,053)		54		40,339		(6,784)	
Operating results for newly opened facilities not at full capacity ⁽¹⁾		112		137		314		731	
Gain on acquisition of equity method investment		-		(1,975)		(1,708)		(1,975)	
Stock-based compensation expense		823		684		1,289		1,108	
Income tax (benefit)/provision on non-GAAP adjustments		4,971		284		(10,461)		1,785	
Non-GAAP Net income	\$	14,177	\$	12,895	\$	31,245	\$	29,845	
GAAP diluted earnings per share Non-GAAP adjustments	\$	1.84	\$	0.89	\$	0.10	\$	2.28	
Unrealized (gains)/losses on marketable equity securities		(0.97)		-		1.94		(0.34)	
Operating results for newly opened facilities not at full capacity ⁽¹⁾		0.01		0.01		0.02		0.04	
Gain on acquisition of equity method investment		-		(0.09)		(0.08)		(0.09)	
Stock-based compensation expense		0.04		0.03		0.05		0.05 [´]	
Non-GAAP diluted earnings per share	\$	0.92	\$	0.84	\$	2.03	\$	1.94	

⁽¹⁾ The newly opened facilities not at full capacity for the 2020 period presented consist of facilities opened from 2018 through 2020 (one memory care facility). The newly opened facilities for the 2019 period presented consist of facilities opened from 2017 through 2019 (one skilled nursing facility, two assisted living facilities, and one memory care facility).