

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

Seth Peimann	Administrator
Pam Swihart	Director of Nursing
Stacy Arroyo	Director of Bookkeeping
Mary Nolting	Health Info Services Dir.
Marniquce Campbell	Dietary Manager
Nichole Bouchard	Director of Recreations
Kyra Luther	Director of Social Services
Donna Davis	Facility Rehab Coordinator
Karl Schnoor RD	Director of Dietary
Edward Oketch	Director of Environmental Services

Phone: 636-946-8887

Fax: 636-946-4718

E-mail: nichole.bouchard@nhccare.com

Care is our business



March Fun!



Tuesday March 2nd:

2:30 Fruity Fruit loop Theme Cart

Tuesday March 9th:

2:30 Animal Crackers W/ a Dinosaur
Theme Cart

Tuesday, March 16:

2:30 Lauren the Lucky Leprechaun
Theme Cart

Wednesday, March 17th:

Happy St. Patrick's Day

Indoor visits are available.
Limited to two a week per
resident

Please book online or email
Kyra.luther@nhccare.com
for link

Every Friday in March:

10:30 Virtual Music

Tuesday, March 2nd and 16th:

Social Services shopping day
List due by Friday before

NHC
HEALTHCARE
ST. CHARLES

News & Notes



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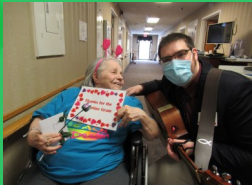
The Legend of the Shamrock

Long ago, when Ireland was the land of Druids, there was a great Bishop, Patrick by name, who came to teach the word of God throughout the country. This St. Patrick—for he was indeed a saint—was well loved everywhere he went. One day, however, a group of his followers came to him and admitted that it was difficult for them to believe in the doctrine of the Holy Trinity. St. Patrick reflected a moment and then, stooping down, he plucked a leaf from the shamrock and held it before them, bidding them to behold the living example of the "Three-in-One." St. Patrick used the shamrock to explain the concept of the Holy Trinity of the Father, the Son, and the Holy Spirit. The simple beauty of this explanation convinced these skeptics, and from that day the shamrock has been revered throughout Ireland. A four-leaf clover has always been considered a symbol of good luck in Irish culture. According to legend, the leaves of a four-leaf clover represent hope, faith, and love, and God added another leaf for luck.

Thank you, for supporting us!

We Raised \$345.00 for Alzheimer’s Association.

On Valentine's Day, Justin serenaded residents with the song chosen by their donor. They also received a card and a chocolate rose. Residents were in LOVE



galentine’s day

[galən,tin dā] noun

a day for gals to celebrate other gals

Happy Galentine's Day



Theme cart Tuesdays are now a thing. Residents voted on costumes for Lauren to wear for the rest of the year. Some are mild, some are wild, but each one was requested. Each outfit will come with a themed snack. Residents have been getting a kick out of seeing which costume is next. Residents even have a hand in making some of these costumes!

Here are February’s highlights, Fruit cup with a gorilla, Pizza delivery for National Pizza Day, Walking vending machine, and Beauty and the Black Forest cobbler.



Welcome

Shirley Granzow
Howard Harper
Katheryn Breneman
Lizzie Jansen
Willie Nothaker
Loral Davis
Iva Jean Harms
William Smith
Karen Moncadomaull

Home

Gerald Wilding
Carol Poole
Geraldine Stagner
Betty Dickerson
Mary Carton
Vivian Hollinghead
Donald Robinson
Dino & Lynne Bova
Gary Reeves

In Memory

Alberta Ballinger
Maryann Zambrzuski
Shirley Sheehan
June Reynolds

MARCH BIRTHDAYS

WILLIAM SMITH 3/04
BARBARA BRIDGEWATERSEARLE 3/9
BARBARA PURVIS 3/18
CAROLYN SULLIVAN 3/24

PARTNER ANNIVERSARIES

CARRIE BENHARDT 2006
DENISE ELLIOTT 1998
AJAI EWING 2016
JASMINE MANCO 2018
MARY NOLTING 2014
ASHLEY PHILLIPS 2007
PAM SWIHART 2018
RUTH VALENZUELA 2003

It’s March—Happy New Year, ancient Romans!

Welcome to the third month of the year—or, if you were born before 150 B.C., the first! According to the oldest Roman calendars, one year was ten months long, beginning in March and ending in December. It may sound crazy, but you can still see traces of this old system in our modern calendar: because December was the tenth month, it was named for the number ten in Latin (*decem*), just like September was named for seven (*septem*). So, what about January and February? They were just two nameless months called “winter,” proving that winter is literally so awful it doesn’t even deserve a spot on the calendar.