

“ A Great Attitude

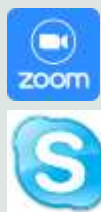
becomes a great day

which becomes a great month

which becomes a great year

which becomes a great LIFE!”





Facetime, Skype and Zoom

We have openings for families who have not taken advantage of our video call program. We would love to help you connect to your loved one. Please contact recreation for online booking link!



Theme cart Tuesday Continues!

Last month was Animal crackers with a dinosaur, Fruity fruit loop cart, Lauren the Lucky Leprechaun, Miss universe and moon pies and **There's no place like home** cart. This month we are looking forward to the Easter bunny with egg salad, Cactus Costume with pickles, Elvis with puppy chow cart, Rain showers soup and a song cart.



Happy National Professional Social Work Month, (March) to our Social Services team here at NHC St. Charles. We are so thankful to have such wonderful partners!

Here is a little about them:

I have been with NHC 18 years this June. I have always known that I wanted to help people in some way shape or form. I had always thought that nursing was my calling, but very quickly found out in college, nursing was not for me. I started off as the receptionist at NHC Town and Country when I was in college and immediately fell in love with the residents! With a little encouragement from Pat Watson (regional Social Worker) my journey to Social Work began. Every day I am fortunate enough to work with amazing co-workers and residents who make me smile! I can't imagine things any other way.

-Melissa



I have been with NHC 20 years this July! I decided I wanted to be a social worker when I was a Junior in high school after reading an article about child abuse. I thought I wanted to go into the child side of social work but the further along in college I got, I decided on health care. Haven't looked back since -Kyra



Happy Registered Dietitian Nutritionist Day (March 10th) to our one and only Karl Schnoor, RDN, CSG, LD, Board Certified Specialist in Gerontological Nutrition. He most recently won the Golden Spatula award from our Regional Team.

A little about Karl: I've always enjoying food, especially after my first job in high school as a banquet cook working with sous chefs, preparing and serving food to large crowds. After first being undeclared/undecided for a major in college my freshman year, I took a test in a general university class that matched personality/talents with different careers. It was fairly clear that my passion for food and desire to serve others matched up with a career as a registered dietitian. This led to my bachelors of science in Food, Nutrition & Dietetics, with minors in chemistry and business management, which rounded out my interest in science/food science. I've always been involved in healthcare food service ever since. I love being able to serve others daily at NHC St. Charles, over the past 14 years and in the years to come.

Thanks for all you do for our residents, Karl. You and your omelets are amazing.
We are so lucky to have you!



Happy Administrative Professionals Week! April 18-24

This is that bubbly voice you hear when you call us. Thank you, for all that you do Sam!

Here is a little bit about her:

I first stepped foot in this building as a 12-year-old girl coming to visit my Grandma.

During the two years she lived here, I visited twice a week, every week. I built **relationships with the residents, learned how to “go with the flow” in an Alzheimer’s** driven conversation and truly enjoyed my visits. In 2007 when I decided to join the workforce, I applied and was hired on as a dining room aide. Once I finished high-school I was promoted to Dining Room Coordinator and after 10 years in dietary, I transitioned to Administrative Assistant!

I have personally and professionally grown up at this facility. I am grateful to have had the privilege to work closely with residents and family members alike in my 14 years of service. As I preform my duties, I do my best to exude the love and compassion that was shown to my own grandma because when you are part of NHC St. Charles, you are family!

Home

Kathern Breneman
Howard Harper
William Smith
Ramona Smith
Loral Davis
Peggy Decker
Geraldine Hardin
Karen M
Zayda Arrillaga
Louise fanning
Jerrold Lindeman
Joan Lister
Steven Snider
Susan Goddard

In Memory

Roberta Hessel
Karen Mizzell
Lizzy Jansen

Birthdays

Daisy BailyPrice	4/4
Willie Nothaker	4/8

Welcome

Margret Day
Betty Siefert
Peggy Decker
Conchita Jimenez
Geraldine Hardin
Harry Perry
Donna Struense
Janine Pierson
Walter Morse
Mary Ann Lach
Philip Campbell

Partner Anniversary's

Lashanda Anderson	2012
Ashley Young	2020
Bridget Nicaastro	2014
Tiffany Harris	2015
Samantha Rasnic	2007

NHC ST. CHARLES

35 Sugar Maple Lane
St. Charles, MO 63303

Seth Peimann
Stacy Arroyo
Mary Nolting
Marniquce Campbell
Nichole Bouchard
Kyra Luther
Donna Davis
Karl Schnoor RD
Edward Oketch

Administrator
Director of Bookkeeping
Health Info Services Director
Dietary Manager
Director of Recreations
Director of Social Services
Facility Rehab Coordinator
Director of Dietary
Environmental Services Director

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Awesome April !

Easter Service
With Justin 4/4

Egg Decorating 4/2
Egg Battle 4/5

Theme Cart Tuesdays

4/6 Easter Bunny and Egg Salad

Earth Day Seed Bombs
4/22

4/13 Cactus and Pickles

4/20 Elvis and Puppy Chow