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#### September 2020

#### COVID-19 UPDATE

Covid-19 continues to disrupt the world on so many levels. We are unable to have visitors, in residents rooms but are able to do window visits as well as climate controlled visits in our new e-wing guest center. To schedule an appoint for visitation please contact the office. We look forward to having you back in the building and will keep you updated as the regulations change. We know it can be frustrating at times and we appreciate your patience and understanding during this challenging time for all of us. As always, if you have any questions or concerns, don't hesitate to give us a call.

#### VETERAN'S APPRECIATION

V-J Day – Short for Victory over Japan is observed in the United on the anniversary of the formal signing of the instrument of Surrender abroad the battleship USS Missouri in Japan's Toyko Bay on September 2, 1945. On September 2, we are taking time to honor those men and women who fought for our freedom. It is a privilege and honor to serve these heroes in their time of need. We will be honoring our veterans with their photo's being hung on the veterans wall certificate of appreciation as well as providing special desserts and snacks for all the residents in the community. Our heartfelt gratitude goes out the W. Hensley, N. Nichols, F. McClintock, P. Starchman, R. Covey, Q. Jackson, J. Maguire, L. Wright, C. Futch. J. Custer, C. Kelley and W. Smith.



09/04 James Harmon 09/05 Ellen Carmichael

09/08 John McElhaney

09/10 Alberta Ward

09/15 Robert Covery

09/18 Joe Wilkin

09/18 Shannon Sennett

09/21 Maquella Taylor

09/26 Kenneth Macke

09/30 Myra Shaffer

#### Celebrating September

09/07 Labor Day

09/11 Patriot Day (In remembrance of 9/11)

09/13 National Grandparents Day

09/13–9/19 NHC Housekeeping Environmental Services Week

09/29 National Coffee Day



Residents are using FaceTime, Google Duo and Zoom to keep in touch with their loved ones using the I-pads.

Please contact Kelly in Social Services or Misty in Wellness if you would like to set up an appt to video chat with your loved one. Appoint-

""MY MISSION IN LIFE IS NOT MERELY TO SURVIVE, BUT TO THRIVE; AND TO DO SO WITH SOME PASSION, SOME COMPASSION, SOME HUMOR, AND SOME STYLE." —MAYA ANGELOU

#### **PARTNER BIRTHDAYS**

09/06 ROSA FERRELL

09/07 JULIE GERMAN

09/08 MISTY DUTTON

09/08 KATELYNN MAPLES

09/11 MADELYN SMITH (AKA MADDY)





REBECCA BRONSON 19 YEARS OF SERVICE
RITA EAVES 17 YEARS OF SERVICE
Mason Harris 1 year of Service
Heāther Richards 1 year of Service
Starre Wright 1 year of Service





## NATIONAL CHOCOLATE MILKSHAKE DAY

National Chocolate Milkshake Day on September 12th brings chocolate and ice cream lovers together. Forget the calories for just this one day and enjoy a sweet tall, thick and delicious, chocolate milkshake! The term milkshake first appeared in print in 1885. During this period, milkshake referred to an alcoholic beverage described as a "sturdy, healthful eggnog type of drink" blended with eggs, whiskey, and other ingredients. Pharmacies served the drink as a tonic and a treat to customers. By 1900, pharmacies offered this "wholesome drink" with either chocolate, strawberry or vanilla syrup.

- The early 1900s People began asking for this "new treat" with a scoop of ice cream.
- 1911 Hamilton Beach's drink mixers began to be used at soda fountains.
- 1922 Steven Poplawski invented the electric blender or drink mixer.
- Due to the invention of the blender, the milkshake began to take a chipped, aerated, and frothy form as they are today.
- By the 1920s & 1930s, milkshakes became a popular drink at malt shops everywhere. Another addition to the milkshake was malted milk powder. Made from malted barley, wheat flour, and dehydrated whole milk, malted milk tastes a bit like toasted caramel. It made its debut around the 1870s as a shelf-stable dry milk product. Add the powder to a chocolate milkshake, and the creamy goodness is transformed into a malted chocolate milkshake. Along with milkshakes, malted milk milkshakes became popular drinks at soda fountains around the 1920s.

#### HOW TO OBSERVE #CHOCOLATEMILKSHAKEDAY

Enjoy a chocolate milkshake at your favorite restaurant or soda fountain. Or try a malted version, especially if you've never had a malted chocolate milkshake. It's definitely worth a try. You may want to top off your chocolate milkshake with a dollop of whipped cream! Use #ChocolateMilkshakeDay to post on social media.

# **NHC**

#### **Our Mission**

NHC is committed to being the senior care leader in customer and investor satisfaction.

#### **Our Vision**

Caring in a better way day by day.

#### ABOUT NHC...

National HealthCare Corporation (NHC) has been providing the best in senior care for almost 50 years. At NHC, we believe that care should respect the individual, promote recovery, well being and independence. We believe in celebrating life every day with our patients and residents. NHC currently operates 75 skilled nursing centers, 24 assisted living communities, a behavioral health hospital, five retirement communities, and 35 homecare agencies. Other services include memory care, long-term care pharmacies, hospital, rehabilitation services and management and accounting services to third parties.

NHC is recognized nationwide as an innovator in the delivery of quality senior care. Our founder, Dr. Carl Adams had a vision in 1971 to provide higher quality healthcare services for seniors. His dream was to create a campus concept that offered in-house services for residents as they age with different needs much like the continuing care retirement community of today.

Decades of pursuing a better way led NHC to our greater commitment toward patient and resident satisfaction with the adoption of our 20 promises. Our Better Way 20 promises mark the continuous commitment to our customers to deliver compassionate care and excellent service.

### **All About MIV-My Innerview**

## What is MIV (My Innerview)?

A customer service survey sent to families, former and current patients.

# Why is the survey important?

This survey is used by nursing home centers across the U.S. to assess services and satisfaction. We are measured against local and national competitors in our industry.

# Why is it important to get back as many surveys as possible?

The more surveys we receive the more accurate a picture we can paint of our center.

# Why is it important to fill out the comments?

Excellent is what we strive for but if we receive a lower rating, giving us comments allows us the opportunity to address specific concerns making the center better for everyone.

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