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August 2020

COVID-19 UPDATE

Covid-19 continues to disrupt the world on so many levels. We are unable to have visitors, enjoy group dining and group activities. Rest assured, we are doing many in-room activities to keep the residents engaged and content. Check out our center website and Facebook page for the monthly newsletter and calendar for more information. Remember to wash your hand, sanitize often and avoid crowded areas. We look forward to having you back in the building and will keep you updated as the regulations change. We know it can be frustrating at times and we appreciate your patience and understanding during this challenging time for all of us. As always, if you have any questions or concerns, don't hesitate to give us a call.



WE HAVE A NEW RECREATION/ WELLNESS TEAM!

Wellness Director: Misty Huddleston

Misty has a background in the social services field with a Bachelors in business management and a Masters in Organization Management. When not working, Misty will be found reading or hanging out with her grandson Axel who is the apple of her eye. She is looking forward to building friendships with both partners and residents at NHC.

Wellness Assistant Director: Hana Christine-
Hana is a mother of three girls. She is an outdoors enthusiast. She loves reading and is currently an online student at Pittsburg State University seeking a workforce degree with an emphasis in Human Resources. She has a passion for people and excited about her future at NHC.



HAPPY BIRTHDAY

08/02 Clayton Brown
08/07 Wayne Smith
08/12 Connie Brooks
08/16 Collier Futch
08/21 Alpha Jensen
08/23 Frederic McClintock
08/25 Michael Mercer

Celebrating August

Art Appreciation Month
MedicAlert Month
Golf Month

08/02 Sisters Day
International Forgiveness Day
Family Day

8/10 National Smore's Day

08/13 NHC Interior Design
Partners day
International Left handers day

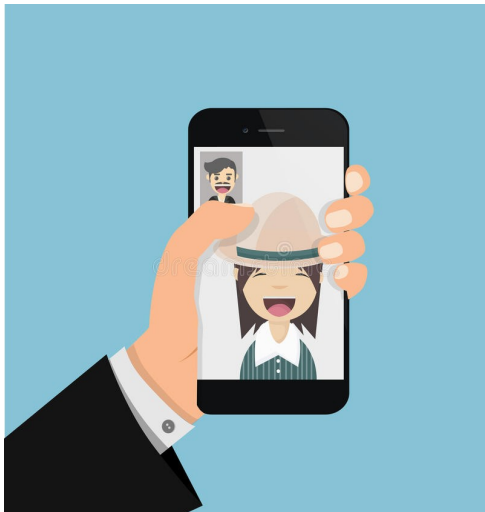
08/15 National Relaxation Day

08/16 National Tell A Joke Day

08/17 Baby Boomer's Recognition Day

08/21 National Senior Citizens Day

08/30 National Toasted Marshmallow Day



Please contact Kelly in Social Services or Misty in Wellness if you would like to set up an appt to video chat with your loved one.

We were blessed with several iPads through a grant and use FaceTime, Google Duo and Zoom. Appointments are set in 15 minute slots from 9 am– 4pm.

*“Learn From yesterday. Live For Today. Hope For Tomorrow”
--Albert Einstein*



Fun Facts



- **The word “S’more” is short for the phrase “some more,” referring to people not getting enough of the classic combination of delicious marshmallows, lightly sweet graham crackers and rich milk chocolate.**
- **The first printed record of a S’mores recipe appeared in a Girl Scout handbook in 1927.**
- **“National S’mores Day” is on August 10th each year.**
- **The Hershey Company makes more than 373 million HERSHEY’S Milk Chocolate bars a year. That’s enough to make 746 million S’mores!**



August is Artist Appreciation Month this piece Container with Irises Against a Yellow Background stands apart as one of Vincent van Gogh's most outstanding botanical still life paintings.

MEDICALERT AWARENESS MONTH

Not all medical bracelets are created equal and that's why August has been designated as MedicAlert Awareness Month.

Are you a diabetic? Are you allergic to penicillin? Do you require certain life-saving medication in an emergency? Do you wish to invoke a Do Not Resuscitate (DNR) order under certain situations? MedicAlert can tell the doctors caring for you what they need to know. A medical ID can save precious time in diagnosing the reason for the emergency. It can also clue doctors in on any allergies the wearer has before administering medication or first aid. In an emergency, you may be unable to speak for yourself. A MedicAlert bracelet speaks for you – and may well make the difference in saving your life.

Today, the MedicAlert website provides useful information and resources for wearers of MedicAlert bracelets, their families, and the medical community. MedicAlert has affiliates in nine countries: the U.S., Canada, Great Britain, New Zealand, Australia, Ireland, Malaysia, South Africa, and Zimbabwe. MedicAlert also works in conjunction with the Alzheimer's Association, has a national "emergency response service" for individuals with Alzheimer's or dementia, at risk of becoming lost. If you're interested in getting a Medic Alert bracelet for yourself or a family member, contact the Medic Alert Foundation at MedicAlert.org.

AUGUST PARTNER

BIRTHDAYS

HANCE, STEPHANIE	08/01
ALLBRIGHT, LORI	08/09
WALTON, LINDSEY	08/14
CLARK, EVAN	08/23
RION, KATRYN	08/24
POWELL, JUDY	08/25
HARRIS, MASON	08/25
GACHES, LORETTA	08/27
BRYAN, LOIS	08/31



JULY PARTNER

Anniversaries

Dutton, Misty	11 Years
Greniger, Alisha	1 Years
Lindsey, Samantha	2 Years
Pugh, Donald	16 years
Richardson, Lacinda	1 Years
Wyrick, Mary	27 years



NHC

Our Mission

NHC is committed to being the senior care leader in customer and investor satisfaction.

Our Vision

Caring in a better way day by day.

ABOUT NHC...

National HealthCare Corporation (NHC) has been providing the best in senior care for almost 50 years. At NHC, we believe that care should respect the individual, promote recovery, well being and independence. We believe in celebrating life every day with our patients and residents. NHC currently operates 75 skilled nursing centers, 24 assisted living communities, a behavioral health hospital, five retirement communities, and 35 homecare agencies. Other services include memory care, long-term care pharmacies, hospital, rehabilitation services and management and accounting services to third parties.

NHC is recognized nationwide as an innovator in the delivery of quality senior care. Our founder, Dr. Carl Adams had a vision in 1971 to provide higher quality healthcare services for seniors. His dream was to create a campus concept that offered in-house services for residents as they age with different needs much like the continuing care retirement community of today.

Decades of pursuing a better way led NHC to our greater commitment toward patient and resident satisfaction with the adoption of our 20 promises. Our Better Way 20 promises mark the continuous commitment to our customers to deliver compassionate care and excellent service.

All About MIV-My Innerview

What is MIV (My Innerview)?

A customer service survey sent to families, former and current patients.

Why is the survey important?

This survey is used by nursing home centers across the U.S. to assess services and satisfaction. We are measured against local and national competitors in our industry.

Why is it important to get back as many surveys as possible?

The more surveys we receive the more accurate a picture we can paint of our center.

Why is it important to fill out the comments?

Excellent is what we strive for but if we receive a lower rating, giving us comments allows us the opportunity to address specific concerns making the center better for everyone.

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