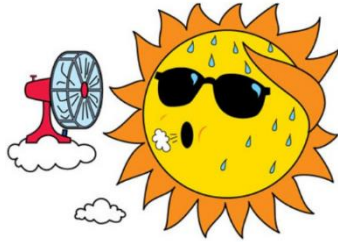
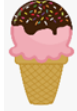
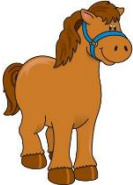


NHC Joplin August 2020 Wellness Programming



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Independent Activities 	31 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Ice Cream Social and Win, Lose or Draw-MDR		Location Key MDR – Main Dining Room ADR – Assisted Dining Room AR—Activity Room OTH—On The Hall IR—In Room	*Activities are subject to change as the conditions change and to meet the needs of our residents*		1 Independent Activities
2 Independent Activities 	3 <u>National Watermelon Day</u> 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Watermelon Trivia Games-MDR 	4 10:00 Morning Stretch- MDR 10:15 Manicures- IR 11: 00 Resident Council -ADR 2:00 – Ice cream social-MDR	5 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Putt Putt Golf- MDR 	6 10:00 Morning Stretch- MDR 10:15 Art Project Watermelon Finger paint- AR 11:00 Therapeutic Circle 2:00 Ice Cream Social-MDR 	7 10:00 Bingo- MDR 10:30 One on One Programs- IR 1:00 Activity Packet- IR  2:00 Happy Hour Cart with Fresh Popcorn- OTH	8 Independent Activities
9 Independent Activities 	10 <u>National Smore's Day</u> 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Smore's Social with Trivia-MDR 	11 10:00 Morning Stretch- MDR 10:15 Manicures- IR 2:00 Ice cream social-MDR	12 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Residents Choice Movie- OTH	13 10:00 Morning Stretch- MDR 10:15 Art Project- Painting with Cars- AR 11:00 Therapeutic Circle 2:00 Ice Cream Social- IR 	14 10:00 Bingo- MDR 10:30 One on One Programs- IR 1:00 Activity Packet- IR  2:00 Happy Hour Cart with Fresh Popcorn- OTH	15 Independent Activities
16 Independent Activities 	17 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Ice Cream Social and Win, Lose or Draw-MDR	18 10:00 Morning Stretch- MDR 10:30 Manicures- IR 2:00 Ice Cream Social- MDR	19 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Bowling 	20 10:00 Morning Stretch- MDR 10:15 Art Project Suncatchers- AR 11:00 Therapeutic Circle 2:00 Ice Cream Social-MDR 	21 10:00 Bingo- MDR 10:30 One on One Programs- IR 1:00 Activity Packet- IR  2:00 Happy Hour Cart with Fresh Popcorn- OTH	22 Independent Activities
23 Independent Activities 	24 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Banana Split Social with a Stroll Down Memory Lane on DVD-MDR 	25 10:00 Morning Stretch- MDR 10:15 Manicures- IR 2:00 - Ice Cream Social- MDR	26 10:00 Bingo- MDR 10:30 One on One Programs- IR 2:00 Horse Racing-MDR 	27 10:00 Morning Stretch- MDR 10:15 Art Project famous artist replication- AR 1:00 Therapeutic Circle 2:00 Ice Cream Social-MDR 	28 10:00 Morning Stretch- MDR 10:30 One on One Programs- IR 1:00 Activity Packet- IR  2:00 Happy Hour Cart with Fresh Popcorn- OTH	29 Independent Activities

